

BULLETIN-3-



EUROPEAN SKI ORIENTEERING CHAMPIONSHIP

4-12 FEBRUARY 2019

SARIKAMIŞ/TURKEY



BULLETIN 3

ESOC– 2019

WELCOME WORDS



In the program of the International Orienteering Federation of 2019 European Ski Orienteering Championships decided to be held in our city was welcomed with pleasure.

First of all Turkey Orienteering Federation with IOF officials I thank you on behalf of the people of Sarikamis and on my self Crystalline powder snow is its fame, at the same time it is a center of winter sports as a holiday paradise with yellow woods and natural beauty. In this sense, it has 4 ski lifts, 8 pistes and 30 km long ski slopes and it is hosting the international and national ski competitions.

To organizing High Level Competitions and Events in such a beautiful place will contribute to the promotion of the martyrs and the economic development of our region. I wish to all country representatives, technical teams and athletes to participate success in the European Ski Orienteering Championship when held on . I wish you all welcome the martyrs and winter sports center Sarikamış, I hope that all the competitions will be successful and accident-free.

Göksal TOKSOY
Mayor of Sarikamış



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ORGANISERS

Turkish Orienteering Federation

Government of SARIKAMIŞ

Municipality of Sarıkamış

Event Director	Ibrahim COŞKUN
Assistant Event Director	Fatma Gül UZUNER
Event Secretary	Veysel GÜLER
Media	Nuri Dağdelen
Course Planner	Georgi Hadzhimitev

Contacts:

Veysel GÜLER

E-mail 1: vguler72@gmail.com

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Mobile and WhatsApp: +90 533 658 3594

Web page: <http://www.esoc2019.net>

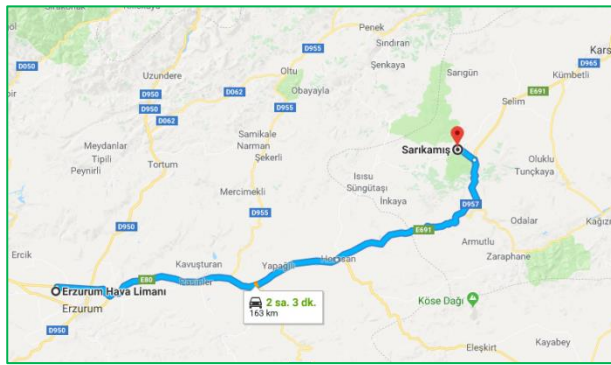
Media:

Nuri DAĞDELEN: nuridagdelen@gmail.com

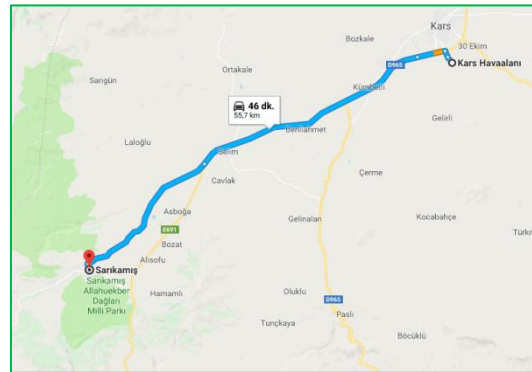
EVENT CONTROLLERS

IOF Senior Event Adviser	Markku Vauhkonen (FIN)
IOF Assistant Event Adviser	Vadim Konyshov (RUS)
National Controller	Yüksel KÖSEM

VENUE – SARIKAMIŞ



ERZURUM-SARIKAMIŞ: 165km/2h



KARS-SARIKAMIŞ: 56km/45min



The event center will be at the SARIKAMIŞ Ski Center, Kars, TURKEY. Kars city-center and airport Harakani are at 56 km distance from the event center. 42°10" and 44°49"E 39°22" and 41°37" N



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ACCOMMODATION AND CATERING

The organizers will try to find solutions for last minute Accommodations. The prices could be change.
The organizers will provide transfers from and to Kars and Erzurum Airports to the Event Center for teams.

Please contact Event Secretary for about MORE Accommodations.

E-Mail	vguler72@gmail.com info@esoc2019.net
Web Page	http://esoc2019.net/accommodation.aspx

CLASSES AND PARTICIPATION

ESOC: Men 21 and Women 21

Each federation can enter up to 6 athletes in each class in the individual competitions, up to 2 teams in the relay competitions and up to 3 teams in the mixed relay competitions.

Only competitors representing member federations of the IOF, defined by the International Olympic Committee as belonging to the European continent, can compete in ESOC.

Competitors representing other member federations of the IOF are able to participate in ESOC but will not be eligible for European titles, medals or diplomas.

UPDATED PROGRAM

Monday, 4 February	Arrival
Tuesday, 5 February	Arrival, Model Event-OPENING CEREMONY
Wednesday, 6 February	Sprint
Thursday, 7 February	Mixed Sprint Relay
Friday, 8 February	Middle
Saturday, 9 February	Rest Day
Sunday, 10 February	Long
Monday, 11 February	Relay-CLOSING CEREMONY -BANQUET
Tuesday, 12 February	Departure

EMBARGOED AREA



The competition area is situated to the south-east of town SARIKAMIŞ.

TERRAIN DESCRIPTION

The competition terrains around Sarıkamış are mostly pine forests at 2100-2300 metres above sea level. The terrains are dominated by mountain slopes and hills up to 100 metres from lowest to the highest point and plateau areas with smaller hills. Some stream gullies are breaking out from hillsides. The terrain is fairly open and clear. There are almost no bushes nor other undervegetation in the terrain. There very few of features in the terrain, which makes the orienteering challenging and dependend on the excellent track system navigation.

Sarıkamış is the only province with a high forested area in Kars province. The name of the town comes from the Pinus sylvestris trees.

The 95% of the terrain is covered with pine forest of different age. In general, the visibility is good during winter season.

OPPORTUNITIES FOR TRAINING

Competitors can take part in Turkish Ski Orienteering Championships held in Şenkaya/Erzurum (95km to SARIKAMIŞ) (<https://goo.gl/maps/cvLJgTZpYkF2>) 12-13 January 2019. Information will be available later on website.

For the teams that want to arrive to earlier to accommodate to a higher altitude, the organizers will provide a possibility for the teams to practice on cross-country skiing tracks on non-restricted area in Sarıkamış. The organizers are also investigating possibilities for training on a map and ski orienteering tracks in Erzurum.

For more information, please contact secretary by e-mail:

E-Mail 1	vguler72@gmail.com
E-Mail 2	info@esoc2019.net
Web Page	http://www.esoc2019.net/
VEYSEL GÜLER Whatsapp	+90533 658 3594

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MAPS AND COURSES

All maps and course overprint are according to International Specification for Ski Orienteering Maps 2014. Due to high altitude and high climbing, the courses are physically demanding and therefore the course lengths and winning times will be held at or close to the minimum allowed by the rules.

Competition	Scale	Contour interval
Mixed Sprint Relay	1:5000	5m
Sprint	1:5000	5m
Long Distance	1:12.500	5m
Middle Distance	1:7500	5m
Relay	1:7500	5m

Competition	Winning time
Mixed Sprint Relay	6-8 min (per leg)
Sprint M	10-15 min
Sprint W	10-15 min
Long Distance M	85-90 min
Long Distance W	85-90 min
Middle Distance M	40-45 min
Middle Distance W	40-45 min
Relay M	30-35 min (per leg)
Relay W	30-35 min (per leg)

ENTRIES

Preliminary entries giving the number of competitors of each gender, the number of relay teams, the number of team officials and the team manager's name, address, e-mail address and phone/fax should be received by organizer no later than 15/12/2018.

The deadline for final entries is January 15, 2019. In this stage, you must provide the names of competitors and team officials.

Entry form is available on website.

<http://www.esoc2019.net/index.html>

E-mail for registration: info@esoc2019.net

FEES

Fees include **competitions, waxing cabin rent, parking area, internet at hotels.**

Competition	Before 5 JAN 2019 (€)	From 5 JAN to 15 JAN 2019 (€)
Mixed Sprint Relay (team)	80	90
Sprint M	45	55
Sprint W	45	55
Long Distance M	45	55
Long Distance W	45	55
Middle Distance M	45	55
Middle Distance W	45	55
Relay (team) M	120	150
Relay (team) W	120	150
Banquet	30	40
Officials	50	60
Media accreditation	0	0



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Please contact Event Secretary for Accommodations and all entry fees, REST OF THE accommodations should be paid before 5 January 2019.

(EURO) ACCOUNT NAME: Türkiye Oryantiring Federasyonu
BANK NAME : Halkbank / Kavaklıdere Şubesi
BANK NUMBER (IBAN) : TR 64 0001 2009 1970 0058 0001 87
SWIFT/BIC : TRHBTR2A

NB! Bank transfer fees must be covered by the transmitter!

VISA

Countries needing a visa should request a "letter of invitation" from the organizer, sending an email to:

info@esoc2019.net before 5 January 2019 as latest.

Apply for your visa at your nearest Turkish Embassy. Note that requirements for entry into Turkey may change. We advise all participants to keep themselves informed about the current political situation by consulting their Turkish Embassy.

For more information check following web page: <http://www.mfa.gov.tr/visa-information-for-foreigners.en.mfa>

PUNCHING SYSTEM

SPORTident AIR+ system will be used. The organizers will provide Si-cards for all competitors.

TRANSPORT

All transfers to and from accommodation during the event: from airport, bus station are included in accommodation price.

There are several daily flights from following airlines.

Turkish Airlines; İstanbul-Kars, Ankara-Kars

Pegasus Airlines; İstanbul-Kars, Esenboğa (Ankara)-Kars, Antalya-Kars, İzmir –Kars

<https://www.turkishairlines.com/>

<https://www.flypgs.com/>

ANTI-DOPING

Doping is strictly forbidden: "think positive - test negative". Doping tests will be conducted.

Doping is strictly forbidden, and the organizers of these championships are dedicated to supporting anti-doping authorities in their work. Doping controls may be carried out any time during the competition period as some sites for the doping controls may be few minutes drive away, we suggest the athletes are prepared at all events to take along some dry clothes to change into after their race.

Doping tests are always carried out in accordance with the procedures described in the WADA International Standard of Testing. The IOF Anti-Doping Code and rules apply as of 1st February 2010.

Athletes who are selected for the doping tests must bring an official identification (with photo) to the doping control station. Accreditation cards with photo can also be used for this purpose. The athletes should bring along their therapeutic use exemption (TUE) if applicable. In general, it is advisable that the athletes bring along their ID to all the competitions and events.

Should you have any question regarding doping testing, please contact the Senior Event Advisor.

CLIMATE

Kars is the coldest region in Turkey with an average high temperature of only 13°C. The climate is much more unsettled than in central Europe and offers varied seasons with deep winters and warm summers.

	January	February	March	April	May	June	July	August	September	October	November	December
Avg. Temperature (°C)	-9.8	-8.1	-2.2	5.6	10	13.6	17.7	17.8	13.6	7.5	1.2	-5.5
Min. Temperature (°C)	-15	-13.7	-7.2	0	3.9	6.6	10	9.7	5.3	0.5	-4.3	-10.1
Max. Temperature (°C)	-4.5	-2.5	2.9	11.2	16.1	20.7	25.4	25.9	21.9	14.5	6.8	-0.8
Avg. Temperature (°F)	14.4	17.4	28.0	42.1	50.0	56.5	63.9	64.0	56.5	45.5	34.2	22.1
Min. Temperature (°F)	5.0	7.3	19.0	32.0	39.0	43.9	50.0	49.5	41.5	32.9	24.3	13.8
Max. Temperature (°F)	23.9	27.5	37.2	52.2	61.0	69.3	77.7	78.6	71.4	58.1	44.2	30.6
Precipitation / Rainfall (mm)	21	24	28	47	78	74	46	36	27	39	28	22

MEDIA

Media services are located in the Event Center. There is no accreditation fee for media representatives All media representatives are kindly asked to register with indication of their status (TV, radio, writing journalist, photo) by 12 January, 2019.

E-mail for registration:

The press center provides wireless Internet, fax and copy services to media representatives.

Contact person –Nuri Dağdelen

E-mail: nuridagdelen@gmail.com

DETAILED EVENT PROGRAMME

Monday, 4 February

14:00-18:00	Event office is open – accreditation	Event centre
19:00-22:00	Event office is open – accreditation	Event centre

Tuesday, 5 February

09:00 – 16:00	Event office is open - accreditation	Event centre
10:00 – 14:00	Model event	Sarıkamış
14:00	Deadline for name entry for Sprint	Event centre
15:30	Departure for Sarıkamış for opening ceremony	Sarıkamış
16:00-18:00	Opening ceremony	Sarıkamış Center
20:00	Team leaders meeting, down floor, conference hall (Sprint&Mix Sprint Relay)	Event centre

Wednesday, 6 February

10.00	Sprint-ESOC	Competition Center
12:00	Flower Ceremony	Competition Center
13:00	Sprint TOUR	Competition Center
14:00	Deadline for name entry for Mix Sprint Relay	Competition Center
16:00-19.00	Event office is open	Event centre
20:00-22:00	Event office is open	Event centre

Thursday, 7 February

10:00	Mixed Sprint Relay -ESOC	Competition Center
13:00	Flower Ceremony	Competition Center
14:00	Sprint TOUR	Competition Center
15:00	Deadline for name entry for Middle	Competition Center
16:00-19.00	Event office is open	Event centre
20:00	Team leaders meeting, down floor, conference hall (Middle)	Event centre
20:00-22:00	Event office is open	Event centre



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Friday, 8 February

10:00	Middle – ESOC	Competition Center
13:00	Flower Ceremony	Competition Center
14:00	Middle-TOUR	Competition Center
15:00	Deadline for name entry for Long	Competition Center
16:00-19:00	Event office is open	Event centre
20:00-22:00	Event office is open	Event centre

Saturday, 9 February

---14:00	REST DAY	
10:00-17:00	Event office is open	Event centre
14:00	Prize giving ceremony (Sprint, Mixed Sprint Relay, Middle)	SARIKAMIŞ
17:00	Team leaders meeting (LONG, Relay)	Event centre
19:00-21:00	Event office is open	Event centre

Sunday, 10 February

10:00	LONG – ESOC	Competition Center
14:00	Flower Ceremony	Competition Center
14:00	LONG-TOUR	Competition Center
15:00	Deadline for name entry for Relay	Competition Center
16:00-19:00	Event office is open	Event centre
20:00-22:00	Event office is open	Event centre

Monday, 11 February

09:00	Relay-ESOC	Competition Center
12:00	MIDDLE-TOUR-Mass start	Competition Center
13:00	Prize giving and closing ceremony	Competition Center
21:00	Banquet	Event centre

Tuesday, 12 February

09:00–12:00	Event office is open	Event centre
	Departure	

ENTRIES:

FEDERATIONS	WOMEN	MAN	OFFICIALS	TOTAL
CZECH REPUBLIC			3	13
FINLAND	5	5	4	14
SWEDEN			3	17
NORWAY	3	6	2	11
RUSSIA	7	7	2	16
UKRAINE		1	-	1
ROMANIA	3	3	1	7
SUM				79

IMPORTANT DATES

Visa invitation request - **5 January 2019**

All Payments Last Deadline - **05 January 2019**

Media registration - **12 January 2019**

Final entries - **15 January 2019**

PREVIOUS MAP OF THE COMPETITION AREA



Katerina Hunting Lodge: It is located in the forest in northwestern part of Sarıkamış, 1 km far away from the city. Known as the “Katerina mansion” by locals, the Katerina Hunting Lodge was built in Kars’ Sarıkamış while the district was under Russian occupation for 40 years after the Ottoman-Russian War. In 1877 - 1878 The mansion is believed to have been built for Katerina, the wife of Czar Nicholas II, but it was also built as a rehabilitation center for their son and a hunting lodge for the family.

Built in 1896, the 28-room hunting lodge is located in Sarıkamış forest on a 6,500-square-meter piece of land and also includes a wooden building next to it. The structure characterizes 19th century Baltic architecture. The most remarkable feature of the lodge is the building technique, where solid wood panels were fastened together without using any nails. It has a heating system called “peç” This system has been used in almost all of the buildings and other stone structures at Kars, Erzurum and especially Sarıkamış. Transportation to both the mansion and the other regions is provided by rail. Historical remains are the best example of this.

